DASH & SPLASH

Dates/Times

Tuesdays & Thursdays, 12:00pm-2:00pm

Session 1: Tuesday, June 21, 2011 through Thursday, July 14, 2011 Session 2: Tuesday, July 19, 2011 through Thursday, August 11, 2011

Location

Covington Aquatic Center 18230 SE 240th St Covington, WA 98042

Contact Information

Phone: (425) 413-7665

E-mail: parks@ci.covington.wa.us
Website: www.covingtonwa.gov

Description

"Dash & Splash" is a summer program for children age 6 to 14 that focuses on fun and fitness. Participants will engage in fun outdoor activities, and learn to play various games both on land and in the water. The first part of each day will be spent at the Tahoma High School Track and Field, practicing running drills and challenges, and games including Frisbee, Soccer, and Capture the Flag. The second portion of each day will be spent in the water at the Covington Aquatic Center, learning swimming techniques and skills, and playing Sharks & Minnows, Animal Ball, and more!

Participation Expectations

To ensure the best time for everyone, individuals must be comfortable participating in group activities and able to follow Staff direction. Individuals will also be expected to participate in all activities and games.

What to Bring

Participants must bring the following to every class:

*Comfortable Workout Clothing *Running Shoes *Water Bottle
*Swimming Suit *Towel *Sunscreen

Public Swim

Public Swims will run from 2:00-3:00pm and 3:00-4:00pm on weekdays in the summer. Dash & Splash participants may stay for the public swim by paying the drop-in rate or purchasing an Unlimited Use Membership. The Unlimited Use Membership is included in the "Dash & Splash Package."

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Drop-off

Participants will meet at the Aquatic Center lobby for attendance each class. At about 12:05pm, the group will walk down to the track. If the group has already walked down to the track, late arrivals shall be taken by their parents/guardians down to meet staff and check-in.

Pick-up	
Parents/Guardians are responsible for picking-up part 2:15pm), or grant permission for participants to stay :	•
I will pick-up my child no later than 2:15pm	with photo ID for check-out.
My child may check him/herself out and stay stand that there will be no additional supervi	•
Acknowledgement	
I agree to indemnify, release and hold harmless the City of Covington, all of its officers, agents, volunteers and employees, from any and all liability for injuries, claims, costs, loss or damage to persons (including death) or property, that result from, arise out of or are in any way, directly or indirectly, connected with the use of City of Covington owned facilities, City of Covington sponsored events or programs or that may be the result of or related in any way to any negligence or other acts or omissions of the City of Covington, its officers, agents, employees or volunteers.	
I grant full permission to use any photographs, video program for any City of Covington informational or	•
I am agreeing to these terms on behalf of, and they a and my heirs, beneficiaries, personal representatives a	• • • • • • • • • • • • • • • • • • • •
I have read and agree to the terms and conditions list	ted above.
Student's Name:	Session 1 Session 2
Parent/Guardian's Name:	
Signature:	Date:/